March Project-The Power that is YOU

Supplies needed:

Paper Mache Letter of your son or daughters first name glue Modge Podge Post It Note sticky flags

About 5 feet of thin Wire like for jewelry making pictures and words scissors markers paper

Step 1.

Fill out questionnaire. Write or type out your answers or ask someone to scribe for you. If you get stuck bounce it off people that know you and get some help.

Step 2.

Paint your letter your favorite color.

Step 3.

Use Portion A of the questionnaire to do Step 3.

Use glue to cover your letter with pictures and words that represent your answers to Portion A. Try to keep the amount of words/letters and pictures balanced – 50/50 (cover all sides and front-only little bits of your color should show through)

Let dry completely and then use modge podge to seal with 2 coats. Follow directions on bottle.

(You can use your own pics, or get great pics from canva.com or pixabay.com. For words please cut letters out of a magazine, print out on a printer using cool fonts or make your own on a piece paper and glue on)

Step 4

Wrap a 3 foot long piece of wire around your letter being sure it doesn’t get in the way of your letter standing up. Now use portion B to help you add 3 labels to this wire. Use sticky flags to do this. (You may need to add glue to help them stay on.) These flags represent old attitudes…what could possibly hold you back.

Step 5

Now use portion C to help you add curly q’s of wire to three more places. These curly q’s represent the way you are tweaking or changing your attitudes. Add your answers from portion C to these curly q’s. These curly q’s are attitudes and beliefs that can be developed by your choosing and are what will get you to where you want to be – the person you want to be.

Step 6

Take good pics and put on Pinterest.

P.s. Please have your questionnaire and a pencil ready for our call and if you can start filling out your sheet for our call that would be GREAT! We will talk about this on our call to help you get it done.

 March Project Questionnaire

**Portion A**

What are 3 of your favorite things to do?

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What are 3 words to describe YOU?

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Who are 3 people you look up to?

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What are 3 things you are good at?

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Where are three places you would like to go some day?

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What are three attitudes you want to be part of you?

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**Portion B**

What are 3 attitudes that hold you back or trip you up when it comes to being fully who you want to be? Try to choose only 1-3 words to name them. These are attitudes that may not be working or don’t fit with who you would like to be. They can lead to not great behaviors.

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**Portion C**

What are three attitudes you want to work towards having? These will create positive behaviors.

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