This Is ME!

Session 4 Projects

1. Decide on 5 words (beliefs) that speak to how you feel about yourself on a daily basis. Then using a Graffiti style put one on each sheet of paper. Include your mark (signature) in some way. Remember balance and boundaries here! Remember texture and emotion!

Remember it is about doing your best!

\* If your parents agree and you would like to put all 5 words on a big tag board or try painting graffiti with spray paints on a big piece of board – I say GO FOR IT! These are your puzzle pieces they are Awesome and Important!