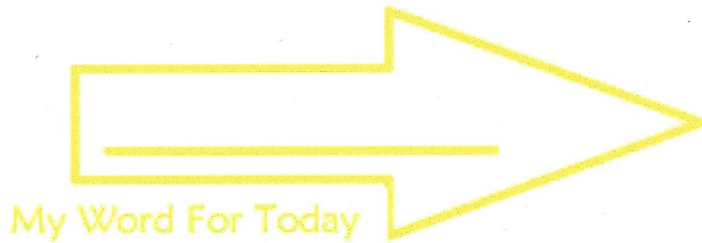


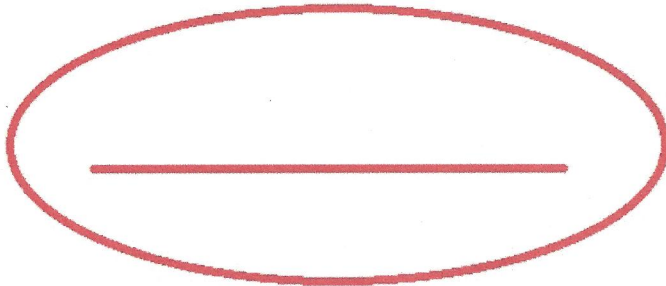
# 2016 My Year of Hope

Today is \_\_\_\_\_



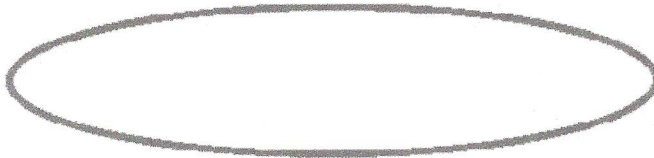
MY MANTRA for today

I CAN do this  
because I am...



One good thing in my day

One thing I will accomplish today



Write & decorate the word HOPE

Today I will do 3  
things for myself