|  |  |
| --- | --- |
| * Use dependent brain=not equipped with wiring that is useful * Hair trigger limbic system * Hypersensitivity to physical touch * Sensory integration issues * Irrational thoughts about self and others * Hypervigilance * Difficulties processing new information * Issues with focus and completing new tasks * No object constancy * Don’t have great orientation with time and space * Learning disabilities * Issues with Abstract thinking * Very little impulse control * Self-destructive behavior * Aggression * Self-soothing behaviors * Sleeping and eating disturbances | * Excessive compliance or oppositional behavior * Difficulty reading non-verbal cues * Reenactment of traumatic past * Difficulty with emotional self-regulation * Difficulty reading social cues * Overly rigid or loose physical and emotional boundaries * Lack of trust in or over-dependency on others * Difficulty describing feelings and internal experiences * Problems knowing and describing internal states * Difficulty communicating wishes and desires * Self-regulation challenges * Huge issues with anxiety * Gap between emotional and chronological age * And more   Van Der Kolk, Perry, Keck |

Expanded definition of Trauma- Includes children’s experiences of multiple traumatic events that occur within the care giving system: as marked by Pre-natal exposure to alcohol and drugs, Neglect/Institutionalization, Abuse, Abandonment-loss of primary attachment figure, Multiple Moves, Pain illness/Hospitalization. Bessel Van Der Kolk 2005

Trauma impacts human beings in the following areas: Attachment, Biological, Cognitive, Behavior, Affect, Dissociation, Self Concept.