

Random Acts of Kindness Bingo

Plant a tree

Cook a meal for a neighbor in need

Give someone a compliment. Watch what happens.

Smile at someone

Hold the door open for someone

Pick up extra dog food or cat food and donate it to the local animal shelter (maybe get a tour)

Make and send cards to hospitalized children. Check out the website below.
<http://www.cardsforhospitalizedkids.com>

Say thank you to a service person...like a janitor, waiter(ess) or police officer

Make bookmarks with positive messages on them and put them in books at the Library

Write a note to a family member and tell the 3 good things about them

Do another family member's chore for them

Let someone go in front of you in line

FREE (put) your idea here

Send a Care package to a soldier

Compliment someone on doing something nice for someone else

FREE Put Your Idea Here

Help your elderly neighbor with work in their yard

Buy lemonade from a child's lemonade stand

Donate something you are finished using.

Pick up Garbage at a park

Create something beautiful and give it to someone...just because!

Put coins in someone's parking meter or leave quarters at a laundromat – just a few is fine!

Send a Thank You Note to someone.

FREE Put Your Idea Here

Hand out flowers at a nursing Home